





INTEL FOR ONSITE

centents

JANUARY/FEBRUARY 2019

TrendWatch

Starts on p. 40

COLLEGE

Grocery operator opens first college location

The Plum Market Kitchen brings highend grocery to Oakland University.

HOSPITAL

Ohio hospital opens grocery store

ProMedica revitalizes neighborhood with Market on the Green.

Program tests high-protein breakfast's effect on kids

Study seeks to find out if eggs, sausage and ham can boost academic performance.



ISSUE HIGHLIGHT

10 FM Innovators Class of 2019

When it comes to feeding people and doing a lot more, this group is leading the way.

24 13 Food Trends that will Matter in 2019

Culinary predictions are looking bold, delicious and full of plantbased purpose.

28 The Calzone Zone

Whether you go traditional or outside-the-dough with your inside-out pizza, it's good to wrap things up.

36 Segment Spotlight

Longtime Swedish Hospital Executive Chef Eric Eisenberg transitions to a new healthcare challenge, this time in senior living; and starting your own wine label

COVER: ILLUSTRATION BY ISTVAN SZUGYICZKY

Departments

PUBLISHER

News about our new partner.

EDITORIAL

FM Editor-in-Chief Becky Schilling on finding inspiration for a new year of innovation.

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MENU MIX

Dumplings: A gift with edible wrapping paper.

1 INGREDIENT, 3 WAYS

Three wholesome ways with grain bowls.

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COOL RECIPE ALERT

Tandoori chicken sandwich.

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MARKET BASKET

48 COMMUNITY

